MY HIKING CHECKLIST

Tick each item as you pack it.

- [ ] **Water bottle**
- [ ] **Rain jacket**
- [ ] **Healthy snacks**
- [ ] **Comfy hiking boots**
- [ ] **Hat**
- [ ] **First aid kit**
- [ ] **Sunscreen**
- [ ] **Bug spray**
- [ ] **Map**
- [ ] **Small backpack**
- [ ] **Whistle**
- [ ] **A buddy to hike with**

Tell a grown up where you are going.