WAYS TO BE KIND

1. **Smile and say hello to someone new.**
2. **Share your toys, snacks or crayons.**
3. **Say please and thank you.**
4. **Help a friend who is sad or hurt.**
5. **Hold the door open for someone.**
6. **Ask someone sitting alone to play.**
7. **Help at home without being asked.**
8. **Make a card for a neighbor or a teacher.**

Try one each day, then colour the border.